

Engage!

A Newsletter Exclusively for **Ambassadors**
by Roth Staffing Companies, L.P.



Ultimate Staffing Services • Ledgent • Adams & Martin Group

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Easy Tips to Save Money in Tough Economic Times

Saving money in tough times can be a lot easier than it seems! It may only take a few small changes to cut household costs. These tips show you how to make the savings add up!

Don't Leave Home Without Coupons & A List

Clipping coupons is a great way to save money at the grocery store and other local businesses. Check the internet and the local paper for coupons for goods and for services such as car washes, dry cleaning, and oil changes.

Also, make a list and don't leave home without it! Having a list and sticking to it will save time and money at the grocery store. You'll move about the aisles with a purpose and be less likely to avoid impulse buys.

Cut Back on Some of Your Current Services

Take a good look at the bills you receive each month and see where you can make cuts. Reducing established cable TV, Internet, and cell phone plans can provide instant savings. Reduce weekly services, such as landscaping, to bi-weekly for instant savings.

Also, reduce your energy bill by turning off lights whenever possible, using cold water when doing laundry, and taking shorter showers.

Keep Your Tires Properly Inflated

You can improve your gas mileage by around 3.3 percent by keeping your tires inflated to the proper pressure. Under-inflated tires can lower gas mileage by 0.4 percent for every drop in pressure of all four tires. Plus, properly inflated tires are safer and last longer.

Also, The Automobile Club of Southern California estimates that a motorist who drives an average of 12,000 miles annually on tires that are under-inflated is wasting up to 50 gallons of gasoline, or \$123.25 (at \$2.46 a gallon). If there are two drivers in the family, that total can be up to \$250, well over a week's worth of food for the family.

Change Up Your Daily Routine

Look for savings as you go about your day. If you absolutely have to start your day with a latte, think about modifying your drink to a less costly version by downsizing the size of your cup or the extras that you include in your drink. Bypass your daily newspaper purchase by getting your news online. Packing a lunch is a great way to save money every day, but if you're a fast food junkie and insist on eating out, save money by reducing the amount you eat. Bypass the value meal, and just order the sandwich. Bypass soft drinks by drinking water with your meal. If reading the latest best seller is a must, swap books and magazines among friends to save money.

Get Direct Pay

Make sure you sign up to have your weekly pay either directly deposited in your bank

account or electronically transferred onto a Pay Card, a free service from any Roth Staffing Companies' division. Depending on how far away you are from our office, you could save yourself several gallons of gas by not having to pick up a paycheck each Friday.

Refer an Ambassador!

As an Ambassador of a Roth Staffing Companies' staffing division, you have the opportunity to get referral bonuses or free gas when you refer someone to our company. Once he or she has successfully completed 80 hours on assignment, you will receive your bonus as our way of thanking you for referring a great Ambassador! And your friends will thank you for helping them find employment! Check with your Service Manager for details.

Source:

US Department of Energy - fuelconomy.gov
Automobile Club of Southern California - aaa.com
Washington Saves Week - dfi.wa.gov/financial-education/wa-saves/default.htm
Real Simple - realsimple.com

Trivia Winner

Congratulations to **Dawnette Davis**, Ambassador of Ultimate Staffing Services with our Eagan branch for being selected as the July Trivia Contest winner for knowing our Company's Purpose. She will receive a \$50 Gas Card. Download July's edition of *Engage!* from the Career Center:
www.ultimatestaffing.com
www.ledgent.com
www.adamsmartingroup.com

Engaging Hearts and Minds™

We'd love for you to share your engaging photos like the one you see on the top of this newsletter. Please visit www.ultimatestaffing.com, www.ledgent.com, or www.adamsmartingroup.com to send your photo.



Ambassador of the Month

SHELLI HATHAWAY, Ledgent, Phoenix, AZ

"We placed Shelli with a client in June of 2007, and she has been there ever since!" says Debbie Drake, Service Manager at our Phoenix Ledgent office. "Shelli is well liked and respected by all the managers, and has done an amazing job for us." Shelli's flexibility is one of the reasons she has been on assignments at the same company for so long. According to the local Ledgent office, Shelli is the ideal Ambassador. Debbie describes her as, "extremely reliable. I know she's going to be there everyday, working. In fact, I know Shelli has taken work home with her, in the past, to make sure that her department meets their deadlines."

Shelli had great things to say about the team at Ledgent, as well. Shelli came to know Ledgent when she was looking for a job several years ago. From their initial meeting, Debbie, and the entire Ledgent team, has "been beyond wonderful."

When Ledgent first contacted Shelli about the assignment (which is for one of the largest pet store companies in the U.S.), Shelli had some reservations. "I wasn't sure if I wanted to take on a temporary assignment because the focus of my job search had been to find a full-time position." The hiring manager, Angie, needed some assistance for three weeks before two new full-time employees were to start. Shelli made such a great impression that Angie recommended her to another department needing assistance. Several months into

that assignment, Angie requested Shelli back and she's been there ever since. July 23, 2009 marked Shelli's two year anniversary with the client!

Shelli feels that it's her diligence and analytical skills that contribute the most to her tenure. "I'm task oriented and I like to get things done for my supervisors with little or no direction." Shelli has a keen eye and can often uncover potential problems and take them directly to the department head's attention.

"Shelli has taken work home with her to make sure that her department meets their deadlines."

Shelli loves the client's commitment to animals. "They have animals that live in their facility, they have animals that are there because they are ill and are receiving care on-site, and all employees are welcome to bring their dogs with them to work on Fridays." Shelli's four year old dog, Sassy, accompanies her to work on Fridays for weekly pampering and adoration.

Shelli's current assignment is her favorite so far. She analyzes telecommunication invoices (local, long distance, and data) to search out abnormalities and balance the accounts. As a lover of puzzles, Shelli says this is right up her alley. "I won't rest until I see every last penny accounted for and a zero at the end of the page!"

**Congratulations to Shelli Hathaway –
Our Ambassador of the Month for August!**

Trivia Contest

We are very proud of our company's Values! Find out what our fourth Value is and submit it as your answer for this month's Trivia Teaser contest.

For an opportunity to win a \$50 gas card, please send an email to: contest@rothstaffing.com with the subject line "August Trivia Contest" by August 21, 2009. In the email, please include 1) your answer, 2) your name, 3) the branch location you work with.

One winner* with the correct answer will be selected in a random drawing held at our corporate office.

**You must be a currently registered Ambassador with Roth Staffing Companies, L.P. to win.*

Unusual Remedies for Summertime Woes

We've all experienced the misery of sunburn or the sting of an insect bite. Check out these unique home remedies for common summertime ailments:

Sunburn

Dip gauze into room-temperature milk and apply it to your sunburned skin for 20 minutes or so, and repeat every two to four hours. Since milk can leave skin smelling "sour," be sure to rinse yourself off with cool water afterward!

Bee Stings

Make a paste with meat tenderizer and water and apply it to the sting. The reason meat tenderizer works is because insect bites and stings are made up of protein - and meat tenderizer breaks down this protein.

Poison Plants

Although it's not made for this purpose, milk of magnesia can relieve poison ivy itch. That's because anything alkaline usually helps relieve itch, and milk of magnesia is alkaline.

Swimmers Ear

Repeated soaking and drying removes protective oil from the ear's tissue-thin skin, which can lead to other problems. To avoid that, put two or three drops of baby oil in your ears before you go in the water.

Source: *The Doctors Book of Home Remedies II* <http://www.mothenature.com/Library/Bookshelf/Books/48/1.cfm>